

St. Charles Parish Library

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FOR IMMEDIATE RELEASE

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Cooking Demonstration with Chef Amy Sins of Langlois

Led by Chef and Owner Amy Sins, Langlois is a traveling krewe of culinary entertainers. They will bring the best of New Orleans cuisine and Louisiana cooking to the St. Charles Parish East Regional Library, 160 W. Campus Dr. in Destrehan, Saturday, May 19 at 10am.

Sins will combine classic and modern cooking techniques and ingredients while giving attendees a crash course in one of Louisiana's most classic dishes—gumbo.

She has received local, regional, and national praise, including being named one of *Southern Living* magazine's "Southerners of the Year" in 2016. Sins also hosts "New Orleans by Mouth," a weekly radio program on WRBH-FM 88.3 and is the author of *Ruby Slippers Cookbook: Life, Culture, Family & Food after Katrina*.

Langlois has received local, regional, and national praise, including selection as one of the best cooking schools around the world by *Travel + Leisure*.

This culinary event is sponsored by the St. Charles School Foundation through a grant from the United Way of St. Charles.

All St. Charles Parish Library events are open to the public and free of charge. For more information about this event, contact Public Relations Librarian Lauren Pitz at 985-764-2366 or lauren.pitz@myscpl.org.